

A close-up, black and white photograph of a person's face, focusing on the mouth and nose. A thick, purple bandage is wrapped around the mouth, completely covering the lips. The person's eyes are closed, and their expression is one of distress or pain. The lighting is dramatic, highlighting the texture of the skin and the bandage.

"I feel trapped."

Call or text 310-1818

Family Violence Info Line

If you're facing domestic or family violence, we're here to help you – 24 hours a day, seven days a week.

Available in more than 170 languages.

Chat online now. Alberta.ca/FamilyViolenceHelp

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